



Life Changing Rehabilitation

Kate Murphy

Neurological
Occupational Therapist

North East Team
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PERSONAL STATEMENT

Following 3 years as a Microbiologist in the pharmaceuticals industry, I retrained as an Occupational Therapist and joined the Neural Pathways team in August 2012. As part of my degree qualification I undertook practice placements in a wide range of clinical areas: trauma orthopaedics; acute mental health, community paediatrics, neurological rehabilitation and veterans' mental health. I also worked part time throughout the degree, as a support worker with clients with a range of physical and learning disabilities, including some challenging behaviour.

A placement within a specialist neurological rehabilitation facility sparked my interest in this clinical area, and I pursued employment in this field immediately after graduation. Within my role at Neural Pathways I have attended a Cognitive Rehabilitation Therapy training workshop, to develop my skills in this complex aspect of brain injury and recently attended an introductory Bobath course. In my current role at Neural Pathways I work with people of all ages with a range of complex neurological conditions including brain and spinal injury.

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KEY SKILLS

Technical Skills

Technical Skills

- Assessment of individuals daily living and functional skills
- Implementing complex packages of specialist neuro rehabilitation within the community and residential settings
- Evidence based clinical report writing

Personal Skills

- Ability to establish and maintain therapeutic relationships within challenging circumstances
- Communicate well with the MDT and other external agencies
- Able to establish good working relationships with support workers to maintain consistent approach to rehabilitation
- Maintain a flexible and problem-solving approach

CERTIFICATES AND MEMBERSHIP

- Health Care Professionals Council
- British Association of Occupational Therapists
- Specialist Section Neurological Practice
- Cognitive Rehabilitation Workshop for Professionals
- Introduction to the Bobath Concept

EDUCATION

- BSc (Hons) Occupational Therapy
- BSc (Hons) Microbiology

CURRENT EMPLOYMENT

Company Name: Neural Pathways
Date of Employment: August 2012 until Present

Established in 2004, Neural Pathways UK (Ltd) is an independent sector organisation specialising in the delivery of interdisciplinary rehabilitation for people with long term neurological conditions. We provide specialist therapy in the client's own home and community and within a number of residential rehabilitation centres across the north of England.

Key responsibilities:

- Carrying out Occupational Therapy assessments
- Devising and delivering appropriate treatment programs based upon individuals goals and needs
- Liaison with immediate multi-disciplinary team as well as the wider team which includes solicitors, case managers, NHS health Care Providers and social services

PERSONAL INTERESTS

Outside my professional role I enjoy keeping fit by walking the dog and running regularly and have completed several half marathons as well as a full marathon to raise money for various charities.

I also enjoy baking and decorating cakes, including my own and some friends' wedding cakes. We have recently renovated our home and I have enjoyed making cushions and other accessories to decorate and I enjoy spending any free time with family and friends. Last year we purchased a 1975 VW Campervan and have enjoyed several trips away in her with the family.