



Life Changing Rehabilitation

Tom Ayre

Neurological
Physiotherapist

North East Team

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PERSONAL STATEMENT

Prior to qualifying as a physiotherapist, I spent many years helping people, both through volunteering and paid employment. Before my training, I spent time working as a Special Constable for Thames Valley Police. This introduced a myriad of problem solving and de-escalation techniques which I have continued to develop and use in healthcare. It also enabled me to take a person-centred approach, acknowledging and building on each person's unique circumstances, a skill which underpins my work as a physiotherapist today.

I particularly enjoy learning and extending my skills for the good of others, and am able to think on my feet and outside of the box. I have a keen interest in neurorehabilitation and thrive working within multi-disciplinary teams, although I am also comfortable working as a sole therapist. I am known for going that extra mile to support my clients, and I am approachable, flexible and open whilst still remaining professional.

KEY SKILLS

Technical Skills

- Assessment and functional goal setting for client's with neurological presentations.
- Planning and implementing neurological rehabilitation with in the community and residential settings.
- Improving client outcomes through the sourcing of non-standard equipment from external suppliers.

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- Identifying additional needs and sourcing appropriate support and services from other agencies e.g. visual impairment teams, district nurses, dieticians
- Advanced communication and de-escalation skills, to support vulnerable people with complex and varied needs in the community
- Previous experience working with adults in critical care, trauma wards, and people with stroke and progressive neurological disorders in the community
- Experience working with children in developing countries

Personal Skills

- Excellent communication skills especially when working collaboratively with multidisciplinary teams, the client and their families / carers.
- Motivating clients to engage with therapy intervention especially clients who have previously been unwilling to engage with healthcare professionals.
- A caring, considerate personality and an active listener.
- Motivated and flexible in my approach with clients, carers and the wider multi-disciplinary team.

CERTIFICATES AND MEMBERSHIP

- Health and Care Professions Council
- Chartered Society of Physiotherapy member

EDUCATION

- 2019 BSc Hons (Upper Second) Physiotherapy. Northumbria University

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CURRENT EMPLOYMENT

Job Title: Neurological Physiotherapist

Company Name: Neural Pathways

Date of Employment: October 2020

Established in 2004, Neural Pathways UK (Ltd) is an independent sector organisation specialising in the delivery of interdisciplinary rehabilitation for people with long term neurological conditions. We provide specialist therapy in the client's own home and community and within a number of residential rehabilitation centers across the north of England.

Key responsibilities:

- Carrying out specialist Physiotherapy assessments
- Devising and delivering individualised goal orientated treatment programs
- Liaison with relevant organisations such as schools, solicitors, case managers, NHS health care providers and social services as required
- Production of clinical reports and documentation detailing progress and outlining future plans

PERSONAL INTERESTS

I'm a volunteer board member of The Friends of Nuns Moor Park which means spending time litter picking and planning volunteer and community outreach events to help maintain the natural beauty of this lovely park.

I enjoy hiking, running and walking in the countryside. I am also a self-confessed sci-fi geek with a lifelong love of video games and comics.

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